



Let's say another kid in your class always gets picked for everything. The part in the play. The team captain. Seems no fair, right? Well you can learn from them and turn their success into an opportunity for yourself. Get to know that person. I'll bet you'll learn that he or she practices, studies a lot and works hard at what they do. Be happy for that person and know that you have talents too.

Name your personal strengths.
List 10 things you are good at.



**Personal Strengths:
Things You Are
Good At**



**FIND YOUR
PERSONAL
STRENGTHS**

1

2

3

4

5

6

7

8

9

10